



When to get your updated COVID-19 vaccine: Suggested talking points

- **Updated COVID-19 vaccines targeting newer subvariants are available now at pharmacies.**
 - The CDC [recommends that everyone 6 months and older](#) receive an updated COVID-19 vaccine. Pfizer's and Moderna's vaccines are approved for people 6 months and older, and Novavax's vaccine is [approved for those 12 years and older](#).
 - Most people only need one dose of any updated COVID-19 vaccine, regardless of which manufacturer's vaccines you've received before.
 - Children 6 months to 4 years and [people who are immunocompromised](#) may require additional vaccine doses.
 - It's safe to get your annual flu shot and updated COVID-19 vaccine at the same time.
- **If it's been more than two months since your last COVID-19 vaccine or more than three months since your last COVID-19 infection, you can get an [updated COVID-19 vaccine](#) now.**
 - If you received a COVID-19 vaccine in the past few months, talk to your health care provider about the best vaccination schedule for you.
 -
 - Find appointments near you at [Vaccines.gov](#).
- **You can get updated COVID-19 vaccines for free through Medicare, Medicaid, and many private health insurance companies.**
 - Uninsured or underinsured children can get vaccinated for free through the CDC's [Vaccines for Children program](#).
 - Uninsured adults may be able to get an updated COVID-19 vaccine for free at [some health centers](#).
 - Uninsured adults can also pay for an updated COVID-19 vaccine out of pocket, although it [may cost up to \\$200](#).



When to get your updated COVID-19 vaccine: Frequently asked questions

1. Who should get an updated vaccine, and how many doses are recommended?

The [CDC recommends](#) that everyone 6 months and older receive an updated COVID-19 vaccine. Pfizer's and Moderna's vaccines are approved for people 6 months and older, and Novavax's vaccine is approved for [those 12 years and older](#).

Most people only need one dose of any updated COVID-19 vaccine, regardless of which manufacturer's vaccines you've received before. Children 6 months to 4 years and [people who are immunocompromised](#) may require additional vaccine doses. Talk to your health care provider about how many doses you and your children need for the best protection.

2. When is the best time to get vaccinated?

If it's been more than two months since your last COVID-19 vaccine or three months since your last infection, you can [get an updated vaccine now](#). If you have received a COVID-19 vaccine in the past few months, talk to your health care provider about the best vaccination schedule for you based on your individual situation.

It's safe to get your annual flu shot at the same time as your COVID-19 vaccine.

Find appointments near you at [Vaccines.gov](#).

3. How much do the updated COVID-19 vaccines cost?

You can get updated COVID-19 vaccines for free through Medicare, Medicaid, and many private health insurance companies.

Uninsured or underinsured children can get vaccinated for free through the CDC's [Vaccines for Children program](#). Uninsured adults may be able to get an updated COVID-19 vaccine for free at some [health centers](#) or can pay for an updated COVID-19 vaccine out of pocket, although it [may cost up to \\$200](#).