#### **HOW TO GUIDE**



# Addressing Whole Worker Health through Community Health Organizers

**CURRICULUM FOR CHAMPS** 









#### **DEVELOP** a team

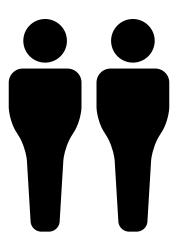






In Fall of 2023, Johnson County Iowa Public Health, the University of Iowa College of Nursing, and grassroots immigrant organizing group Escucha Mi Voz Iowa began a project to measure, address, and remedy the structural determinants to whole worker health continuing to impact immigrants and refugees.

#### **RECRUIT** community health organizers



Two immigrant workers from the directly impacted target community were hired and trained in one-on-one relational organizing.

#### **ASSESS** the needs

through a rapid needs assessment and focus groups

## 481 SURVEYED

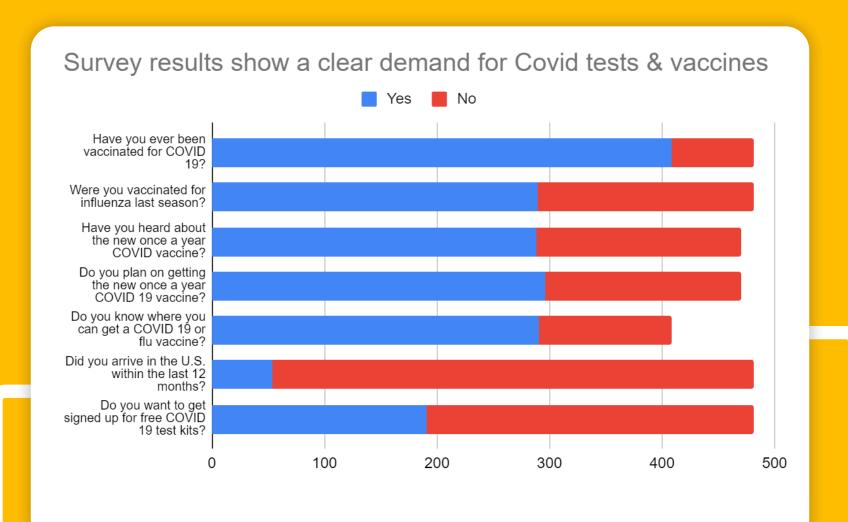
In October and November 2023, trained community health organizers from the Latinx and Congolese communities conducted a comprehensive and wide-ranging survey with 481 immigrant and refugee workers, including hundreds of meatpacking plant workers and other low-wage essential workers.



The groundbreaking Salud, Techo, y Trabajo report found widespread vaccine demand among both populations. Vaccine hesitancy was attributable more to material conditions than cultural differences. Immigrant and refugee workers lacked transportation, did not have paid sick leave if the vaccine made them sick for even one day, and did not understand the new guidance about annual vaccines.



Immigration status was the biggest predictor of adverse health outcomes. According to the survey results, undocumented Latino workers were more likely to have serious medical conditions such as asthma and diabetes, work in informal, seasonal, temporary, dangerous front-line jobs without benefits or union protections, and live in overcrowded, substandard housing.

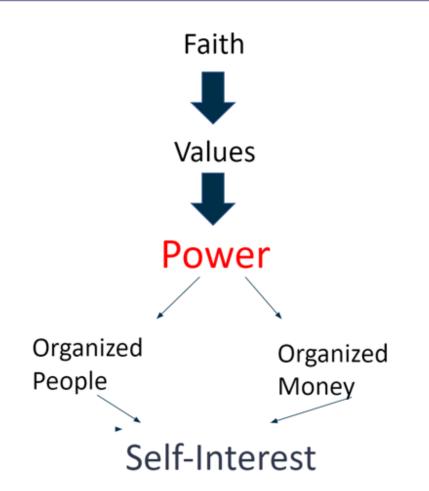




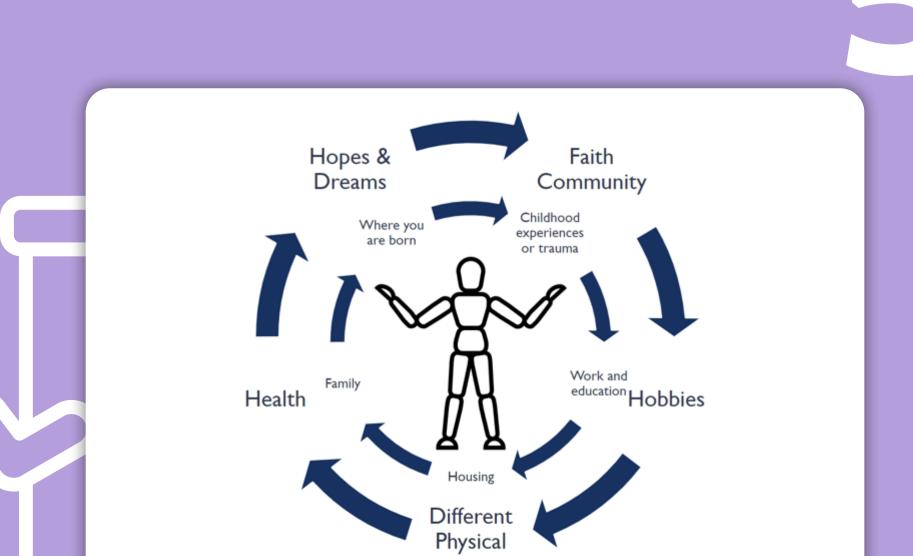
TRAIN workers

5

- Work
- Parents
- Politics
- Spouse
- Ambitions
- Children
- Where they are from
- Church/congregation membership
- Education
- Where they live and have lived
- Hobbies
- Hopes and dreams
- Race, class, sex/gender
- Personal story



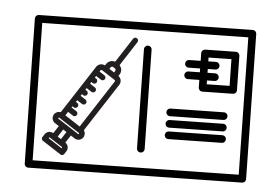
### TRAIN workers



**Abilities** 

#### **EDUCATE** the community

with flyers, social media, informational meetings, one-on-one conversations



In February and March 2024, community health organizers held focus group meetings with immigrant workers to report on survey results and test messaging. In April 2024, two direct mail vaccine persuasion pieces were mailed to thousands of contacts.

#### **OUTREACH** to affected populations

with door knocking, phone banking, and canvassing



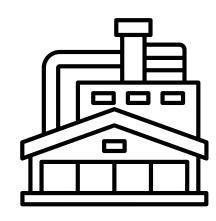
In May 2024, more than 40 immigrant community members were trained on one-on-one relational organizing. These "vaccine champions" helped knock on thousands of doors in mobile home park communities, address vaccine hesitancies, offer vaccines, and distribute information about public health resources available in the area.

#### **ACCESS** to resources

at the workers' home, workplace or church







In addition to phone banking, door-knocking, and direct mail, organizers, workers, and volunteers worked with churches and congregations to distribute information during and after Sunday worship.

#### **EVALUATE** the results

Beginning in January 2024, Escucha Mi Voz members, UI College of Nursing, and Johnson County Public Health held focus group meetings with survey respondents, trained vaccine champions and trusted community messengers, developed direct mail communication pieces on Covid vaccines, presented the report findings to local, state, and federal government bodies, attended public health conferences, generated earned media, started a door-knocking campaign, organized vaccine clinics, and started immigrant-led health equity campaigns around affordable housing.





#### PRESENTED IN PARTNERSHIP BY







