

What vaccines do you need for fall and winter virus season?

We have all the tools to protect ourselves and our families from respiratory viruses. Vaccines are one of those tools: They can help protect you against severe disease and hospitalization. Below, learn about which vaccines are available, and which ones you may need.

If you are...

Six months or older

You need:

An updated COVID-19 and flu vaccine



Pregnant

You need:

An updated COVID-19, flu, and RSV vaccine*

**If you're 32-36 weeks pregnant during RSV season*



60-74 years old

You need:

The COVID-19 vaccine, flu vaccine, maybe the RSV vaccine*

**If you have certain conditions like chronic heart disease or diabetes or are immunocompromised*

75 or older

You need:

The COVID-19 vaccine, flu vaccine, and RSV vaccine



Find a vaccine site near you at [Vaccines.gov](https://www.vaccines.gov).