RSV Across the Ages: Immunizations to Protect Older Adults, Infants, and Young Children

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Disclosures

- Tracie Newman has no relevant financial relationships with ineligible companies to disclose.
- Elizabeth Skoy has no relevant financial relationships with ineligible companies to disclose.
- The off-label use of medications will not be discussed during this presentation.

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Financial Support:

This project was supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$5,755,820 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government. Additionally, the contents do not necessarily represent the official views of, nor an endorsement, by the North Dakota Department of Health and Human Services.

NDSU IMMUNIZATION RESEARCH AND EDUCATION



Learning Objectives Junce Summarize Summarize Summarize the epidemiologic burden of RSV in infants, children, pregnant women, and aduts. Describe Describe morbidity, mortality, and comparative epidemiology of RSV to influenza and coid-19 in the pediatric population. Outline Outline available evidence of prevention and treatment measures for RSV including commended current immunization schedules. Differentiate Differentiate



Respiratory Syncytial Virus (RSV)

- Single stranded RNA virus, *Pneumoviridae* family
- Almost all children infected by age 2 years; reinfection common
- Causes acute respiratory tract illness in all ages
 - Symptoms vary with age, health, status, and primary vs secondary infection
- Supportive care \rightarrow hospitalization \rightarrow ICU

RSV Transmission

- Coughing or sneezing
- Virus droplets enter eyes, nose, mouth
- Direct contact
- Touching surface with virus, then touching face
 - RSV can survive hours on hard surfaces (tables, crib rails); shorter period on soft surfaces (hands, tissues)



RSV Symptoms in Babies · Cold symptoms; can be bronchiolitis or pneumonia • Symptoms peak days 3-5, last 7-14 days May include cold symptoms, plus: Cold symptoms may include: • Fever (temperature of 100.4 or Fast breathing higher) • Flaring of the nostrils & head • Cough (dry or wet sounding) bobbing with breathing Congestion Rhythmic grunting during breathing (see sound clip clip, below) Runny nose Belly breathing, tugging between the Sneezing ribs and/or the lower neck Fussiness Wheezing Poor feeding









Pediatric Hospitalization Rates Higher for RSV than	
Omicron or Flu	

Table 2. Age-Stratified Hospital Admission Rates in the Cohorts With SARS-CoV-2 Omicron, Influenza A/B, or RSV Infection^a

Age, y	Omicron (n = 648)	Influenza (n = 81)	RSV (n = 990)
¹ Odds	of infant hospitaliz	ation for RSV ~11 x	higher than Omicron
2-4	34/81 (42.0)	17/80 (21.2)	181/236 (76.7)
		C (17 (25 2)	118/156 (75.6)
1	31/79 (39.2)	6/17 (35.3)	110/150 (75.0)
1 0	31/79 (39.2) 172/569 (30.2)	28/64 (43.8)	707/834 (84.8)



Nirsevimab = Long-acting Monoclonal Antibody

- Active immunization results from infection or vaccination → triggers an immune response
- Passive immunization is when a person receives antibodies from an external source
 - Transplacental
 - Breastmilk
 - IVIG
 - Monoclonal antibodies

Palivizumab

- Monoclonal antibody providing passive RSV immunity
- Limited use; indicated only for:
 - Premature infants (≤ 35 week) 6 months or younger
 - ≤ 24 months with BPD requiring medical treatment within last 6 months
 - ≤ 24 months with hemodynamically significant congenital heart disease
- Costly
- Requires monthly injections
- Palivizumab and Nirsevimab have only been compared regarding safety (no efficacy trials)



Nirsevimab

- ACIP recommends nirsevimab for prevention of RSV in *all* infants
- Single dose for:
 - All infants < 8 months born during or entering 1st RSV season
 - Infants and children 8-19 months at increased risk of severe RSV entering 2nd RSV season
- Simultaneous administration with age-appropriate vaccines recommended
- Included in childhood immunization schedule and eligible for Vaccines for Children Program
- Storage, handling, and administration similar to other routine vaccines for children



Second RSV Season Guidelines

- Babies 8-19 months with increased risk for severe disease (recommended to get 2nd dose during 2nd RSV season):
 - Chronic lung disease of prematurity patients requiring medical support any time during 6-month period before start of 2nd RSV season
 - Severely immunocompromised
 - Certain cystic fibrosis patients (severe lung disease or <10th% weight-forlength)
 - American Indian or Alaska Native children











Nirsevimab 70% Effective at preventing infant hospitalizations in Spain

Effectiveness of nirsevimab against hospitalisation in infants by the screening method and test-negative design, three regions in Spain, October 2023–January 2024 (n = 166 admissions)

Method	RSV-LR	TI (n=95)	Negative RS	V-LRTI (n=71)
method	(1-OR) x 100	95% CI	(1-OR) x 100	95% CI
Screening				
Murcia	86.9	77.1 to 92.9	27.5	-47.3 to 66.2
Valencia	69.3	36.4 to 86.2	19.6	-180.8 to 82.3
Valladolid	97.0	87.7 to 99.6	1	NA
Pooled data	84.4	76.8 to 90.0	32.4	-27.5 to 63.4ª
Test-negative desig	'n			
Pooled data	70.2	38.3 to 88.5ª	1	NA

Nirsevimab 80% effective against		stimated effe d in PICU, Fra			0	of RSV bronch	iolitis
hospitalization in France	Analysis	Controls not treated by nirsevimab	Controls treated by nirsevimab	Cases not treated by nirsevimab	Cases treated by nirsevimab	Unadjusted effectiveness (95% CI)	Adjusted effectiveness (95% Cl)
	Main analysis (N = 288)	29	21	201	37	74.4% (50.5–86.8)	75.9% (48.5–88.7)
	Sensitivity analysis 1 (N = 312)	29	35	201	47	80.5% (65.0–89.1)	80.6% (61.6–90.3)
	Sensitivity analysis 2 (N = 319)	29	38	201	51	80.5% (65.4–89.0)	80.4% (61.7–89.9)

Nirsevimab effective against RSV hospitalization, PICU admission, mechanical ventilation in France



- In infants < 12 months, nirsevimab was:
 - 83% effective in preventing RSV hospitalization
 - 70% effective against PICU admission for RSV
 - 67% effective against RSV illness requiring ventilatory support

Outcome Nirsevimab dosage pattern	Total encounters	RSV-positive encounters N (Row %)	Median days since dose (IQR)	Adjus PE (95%	
RSV-associated ED encoun	ter				
No nirsevimab doses	4,610	1,988 (43)	N/A	ref	
Nirsevimab, ≥7 days prior	442	63 (14)	53 (27-84)	77 (69-83)	Her
RSV-associated hospitaliza	tion				
No nirsevimab doses	927	601 (65)	N/A	ref	
Nirsevimab, ≥7 days prior	93	4 (4)	48 (25-84)	98 (95-99)	٠









Maternal RSV Vaccine

- Abrysvo: 1st RSV vaccine for pregnancy to prevent RSV in infants birth – 6 months
- FDA approved for use at 32 36 weeks gestation
- Safety and effectiveness evaluation ongoing in randomized, placebo-controlled international clinic trials
- Prelim data:
 - Reduced risk of severe LRTD by 81.8% within 90 days of birth; 69.4% within 180 days after birth





2023-2024 Recommendations

- ACIP recommends maternal RSV for pregnant people during 32 – 36 weeks gestation, using seasonal administration, to prevent RSV lower respiratory tract infection in infants
 - September January in most of continental U.S.
 - In jurisdictions where seasonality differs (Alaska, jurisdictions with tropical climates), providers should follow state, local, or territorial guidance on timing of administration



Maternal RSV Vaccine Efficacy

- Within 3 months after birth, maternal RSV vaccine reduced the risk of infant hospitalization for RSV by 68% and having a healthcare visit for RSV by 57%
- Within 6 months after birth, maternal RSV vaccine reduced the risk of infant hospitalization for RSV by 57% and having a healthcare visit for RSV by 51%





Maternal RSV Vaccine Safety

 Most common side effects: pain at injection site, HA, myalgia, nausea

Preterm birth

- Pre-licensure trial initially included pregnant persons at weeks 24-36 gestation
- More preterm births were seen in vaccine recipients vs placebo (not statistically significant)
- In pregnant women 32-36 weeks gestation who received vaccine, 4.2% had preterm birth compared to 3.7% placebo
- Available data insufficient to establish or exclude causal relationship

Maternal RSV Vaccination Showed No Significant Differences in Pre-term Births

	Patients, No. (%	6)				
Pregnancy outcome	RSV vaccine No RSV vaccine (n = 1011) (n = 1962)		– OR (95% CI)	aOR (95% CI) ^a	HR (95% CI) ^b	
Primary outcome						
Preterm birth <37 weeks' gestation	60 (5.9)	131 (6.7)	0.88 (0.64-1.20)	0.87 (0.62-1.20)	0.93 (0.64-1.34)	
Secondary outcomes						
Hypertensive disorders of pregnancy	203 (20.1)	355 (18.1)	1.14 (0.94-1.38)	1.10 (0.90-1.35)	1.43 (1.16-1.77)	
Gestational hypertension ^c	153 (15.1)	273 (13.9)	NA	NA	NA	
Preeclampsia	67 (6.6)	130 (6.6)	NA	NA	NA	
Eclampsia	1 (0.1)	1 (0.1)	NA	NA	NA	
HELLP syndrome	2 (0.2)	2 (0.1)	NA	NA	NA	
Small-for-gestational age birth weight ^d	107 (10.6)	178 (9.1)	1.19 (0.92-1.52)	1.16 (0.89-1.50)	1.31 (0.97-1.77)	
Stillbirth	2 (0.2)	3 (0.2)	1.29 (0.17-7.82)	NA	NA	





Other Vaccine Safety Outcomes

- Overall uncommon, but hypertensive disorders of pregnancy occurred in 1.8% of maternal vaccine recipients vs 1.4% placebo
- The following conditions (often associated with preterm birth) occurred more frequently in infants born to mothers who received the RSV vaccine compared to placebo:
 - Pre-eclampsia
 - Low birth weight (< 5.5 lbs)
 - Jaundice





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Relative risks and benefits of maternal vaccination and nirsevimab

Both products are safe and effective in preventing RSV lower respiratory infection in infants

Maternal RSV vaccine

Benefits

- Provides protection immediately after birth
- May be more resistant to virus mutation
- Avoids injection of infant

Risks

- Protection reduced if fewer antibodies produced or are transferred from mother to baby (e.g., mother immunocompromised or infant born soon after vaccination)
- Potential risk of preterm birth

Nirsevimab

Benefits

- Studies of antibody levels suggest that protection might wane more slowly
- Can provide antibodies directly if infant receives less antibodies from mother
- No risk of adverse pregnancy outcomes **Risks**
 - Potentially limited availability during 2023-2024 RSV season



Knowledge Check

What is the nirsevimab recommendation for a baby born in May, given the mother did NOT receive Abrysvo?

- a. The infant should not receive nirsevimab.
- b. The infant should receive nirsevimab within one week of birth.
- c. The infant should receive nirsevimab around October, or the start of RSV season.
- d. The infant should only receive nirsevimab if at increased risk for severe RSV.

RSV Vaccination in Adults

RSV Burden of Disease: Adults

- Hospitalizations
 - 60,000 to 160,000 annually
- Deaths
 - 6,000-10,000 annually
- High risk
 - Diabetes
 - Lung disease
 - Kidney disease
 - Cardiovascular disease
 - Immunocompromised*
 - Frail/nursing homes

www.cdc.gov, www.nfid.org









Private Insurance/Medicaid

Vaccine Overview

	Arexvy	Abrysvo	mRESVIA
Storage	Refrigerated	Refrigerated	Frozen Refrigerator up to 30 days
Reconstitution	Yes (with adjuvant)	Yes (vial adapter)	No
How supplied	Single dose vials	Single dose vials	Prefilled syringes
CDC recommendation	All adults 75 and older Adults 60-74 with increased risk	All adults 75 and older Adults 60-74 with increased risk Pregnant persons 32-36 weeks gestational age	All adults 75 and older Adults 60-74 with increased risk
Dose/route	0.5 mL /IM	0.5 mL /IM	0.5 mL /IM
Vaccine type	Viral subunit	Viral subunit	mRNA

	Vaccine efficacy agains	t outcome, % (95% Cl)*
Efficacy evaluation period	RSV-associated LRTD ⁺	RSV-associated medically attended LRTD [§]
Season 1 [¶]	88.9 (53.6–98.7)	84.6 (32.0-98.3)
Season 2 (interim)**	78.6 (23.2–96.1)	#
Combined seasons 1 and 2 (interim) ^{§§}	84.4 (59.6–95.2)	81.0 (43.5–95.2)

Abrysvo: Safety

	Risk for event		
Safety event	RSVpreF recipients no./No. (%) ⁺	Placebo recipients no./No. (%)§	Relative risk (95% CI) [¶]
Serious AE**	792/18619 (4.3%)	749/18334 (4.1%)	1.04 (0.94–1.15)
Severe reactogenicity events"	36/3673 (1.0%)	24/3491 (0.7%)	1.43 (0.85–2.39)
Inflammatory neurologic events ^{§§}	3/18622 (—)¶¶	0/18335 (—)	99

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	Vaccine efficacy against	t outcome*
Efficacy evaluation period	RSV-associated LRTD [†]	RSV-associated medically attended LRTD [§]
Season 1 [¶]	82.6 (57.9–94.1)**	87.5 (58.9–97.6)"
Season 2 ⁵⁵	56.1 (28.2-74.4)**	11
Combined seasons 1 and 2 (interim)***	74.5 (60.0-84.5)***	77.5 (57.9-89.0)#

Arexvy: Safety

	Risk for event					
Safety event	RSVPreF3 recipients no./No. (%) [†]	Placebo recipients no./No. (%)§	Relative risk (95% Cl)			
Serious AE**	549/12,570 (4.4)	540/12,604 (4.3)	1.02 (0.91–1.15)			
Severe reactogenicity events [#]	37/979 (3.8)	9/976 (0.9)	4.10 (1.99-8.45)			
Inflammatory neurologic events ⁵⁵	3 events in trials without placebo recipients	99	_9			

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mResvia: Efficacy

Efficacy to Prevent First Episode of RSV-LRTD With 2 or More Signs/Symptoms (8.6 Months Median Follow-up)

Subgroup	MRESVIA Cases, n/N†	Placebo Cases, n/N†	VE*, % (95% Cl)
Overall (≥60 years)	48/18,074	127/18,010	62.5 (47.7, 73.1)
60 to 69 years	32/11,193	77/11,146	58.8 (37.8, 72.7)
70 to 79 years	10/5,455	45/5,431	78.0 (56.3, 88.9)
≥80 years	6/1,426	5/1,433	-20.0 (-293.3, 63.4)‡
≥60 years with ≥1 comorbidity§	17/5,365	51/5,244	67.4 (43.6, 81.2)

Fda.gov (mResvia package insert)

mResvia: Safety

Adverse Event	mRESVIA (N=18,154-18,156) %	Placebo (N=18,093-18,084) %
Injection-site pain	55.9	13.8
Fatigue	30.8	20.0
Headache	26.7	18.8
Myalgia	25.6	14.4
Arthralgia	21.7	14.0
Axillary (underarm) swelling/tenderness	15.2	6.1
Chills	11.6	6.8

Knowledge Check

Which of the following RSV Vaccines are approved for use in older adults and pregnant persons?

a. Abrysvo

- b. Arexvy
- c. mResvia
- d. All of the above

ACIP Recommendation: Adults

All adults 75 years of age and older should receive a single dose of RSV vaccine.

Adults 60-74 years of age and older who are at increased risk of severe RSV disease receive a single dose of RSV vaccine.









<section-header> Ongoing Observation CDC guidance on implementing high risk categories 60-74 years Revaccination Age expansion Serious side effects GBS Immune thrombocytopenia (ITP) Effectiveness





*Odds ratios used to calculate VE estimates were adjusted for age, race/ethnicity, sex, underlying medical conditions, social vulnerability index, site, calendar time, and geographic region. VE was calculated as (1-adjusted odds ratio)*100%. * Critical illness was defined as intensive care unit admission and/or death

ACIP Meeting, June 2024