

FLU VACCINE TIMING

LEARN WHEN TO GET THE VACCINE SO YOU STAY PROTECTED FOR AS LONG AS POSSIBLE THIS FLU SEASON!

For more information on flu vaccines and where to get them, talk to your medical provider or visit www.vaccines.gov/flu



ADULTS, INCLUDING 65+
Healthy adults should get their flu vaccine in September or October so their protection lasts through the winter



PREGNANT PEOPLE
Pregnant people in their 3rd trimester can get vaccinated in July or August to provide protection to their newborn during peak flu season



CHILDREN WHO NEED 2 FLU VACCINES
Children who need 2 flu vaccines should get their first dose as soon as it is available, and their second at least 4 weeks after that



OTHER CHILDREN
Flu vaccination in July or August can be considered for children, if they will not be able to be seen for vaccination in September or October