

FLU FACTS FOR PEOPLE WITH CHRONIC CONDITIONS

People with cardiovascular disease who get sick with the flu are:



~6-10X MORE LIKELY TO SUFFER A HEART ATTACK within the first 3-7 days after getting the flu

~8X MORE LIKELY TO SUFFER A FIRST STROKE in the first 3 days after getting the flu

People with diabetes who get sick with the flu have:



3X THE RISK OF HOSPITALIZATION

4X THE RISK OF ICU ADMISSION

2X THE RISK OF DEATH

People with lung disease who get sick with the flu risk:



**ASTHMA
ATTACKS**

**COPD
FLARE-UPS**

PNEUMONIA

If you have flu symptoms, get tested. Your provider may prescribe antivirals to treat the illness. Prompt treatment is especially important for people with chronic conditions who have a higher risk of flu complications.

**GET VACCINATED TO HELP REDUCE
COMPLICATIONS CAUSED BY THE FLU VIRUS**

To learn more, visit www.familiesfightingflu.org

