

MONKEYPOX

WHAT YOU NEED TO KNOW

- Monkeypox has been detected in every US state, including in Indian Country
- Anyone can get monkeypox
- Most people recover fully, but some people get seriously ill
- Monkeypox is preventable

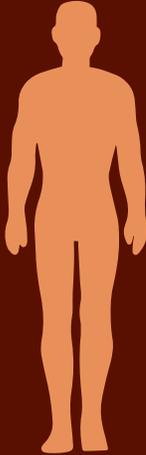


Symptoms often include:

Fever

Rash (most common) can occur anywhere on body including on or near genitals

Low energy



Headache

Swollen lymph nodes

Muscle and back aches

Painful swelling inside rectum

Painful urination

How does monkeypox spread?

It spreads through direct person-to-person contact with an infected person. This includes:

- Skin-to-skin contact
- Face-to-face contact for extended time
- Sexual contact
- Mouth-to-skin contact
- Mouth-to-mouth
- Contact with sheets, towels, clothing, surfaces, or objects used by infected person



How can we stay safe?

- Avoid close, skin-to-skin contact with anyone who has been diagnosed with monkeypox or is showing symptoms like a rash.
- Get a vaccine. Vaccines are available for people who are at high risk.
- If you have symptoms or you think you may have had close contact with someone with monkeypox, talk to a healthcare provider.
- If sharing a house with someone who has monkeypox, stay in separate rooms, wash hands, disinfect objects and surfaces, and open windows.

