

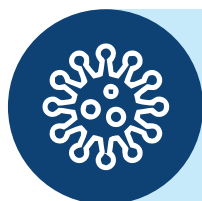


Grown Ups Need Shots Too

- Are you over 18 years old?
- Are you over 65 years old?
- Do you spend time with young children, babies or anyone in poor health?
- Do you take one or more medicines regularly or have a long-lasting health condition such as diabetes, hypertension, or heart disease?
- Do you have a weakened immune system?
- Do you live or work in a healthcare, correctional or congregated living setting?
- Will you be traveling outside of the United States?

If you answered “Yes” to any of these questions, you are probably due for one or more vaccines.

To protect yourself and the people around you, ask your health provider about the vaccines you may need.



COVID-19

If you get COVID-19 disease, you will be much less likely to get very sick, be hospitalized or die.



FLU

Everyone over 6 months needs this yearly. For older adults, getting the flu increases your chances of having a heart attack.



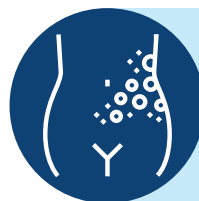
TETANUS, DIPHTHERIA & PERTUSSIS

This combo vaccine protects you and young children around you from pertussis (whooping cough). It also has the tetanus booster needed every ten years.



PNEUMONIA

People over 65 or with long-lasting conditions like diabetes, need protection against pneumonia, one of the top causes of death.



SHINGLES

Shingles causes lasting and painful nerve damage. The vaccine is for everyone over 50.

References: CDC Immunization Guidelines - Immunizations & Heart Attacks