Common Symptoms of a Cold, the Flu, and COVID-19

Learn more at www.nia.nih.gov/flu



4	Common Symptoms	Cold	Flu	COVID-19
	Fever and/or chills		\otimes	S
	Headache		\otimes	
	Muscle pain or body aches		\otimes	
	Feeling tired or weak		\otimes	⊗
	Sore throat	\bigcirc	\otimes	\bigcirc
	Runny or stuffy nose		\otimes	⊗
	Sneezing	\bigcirc		
	Cough	\otimes	\otimes	⊗
	Shortness of breath or difficulty breathing		\otimes	\bigcirc
	Vomiting and diarrhea		\otimes	\bigcirc
	Change in or loss of taste or smell			\bigcirc